

Synergistic Effect of Thermage and Fraxel Tx Achieve Desired Results

By Bob Kronemyer, Associate Editor



Before Tx

Three months after Fraxel re:pair Tx

Photos courtesy of Z. Rahman, M.D.

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Before Tx



Three months after Thermage Tx

Photos courtesy of Robert Weiss, M.D.

In the quest to attain a younger, more rejuvenated appearance, European patients, in particular, are impressed by the exceptionally natural anti-aging results of Thermage® radiofrequency and Fraxel® laser treatments from Solta Medical, Inc. (Hayward, California, U.S.).

“Selecting the proper patient will give you a high satisfaction rate,” said Gerhard Sattler, M.D., a dermatologist at the Rosenpark Klinik in Darmstadt, Germany. “Typically Europeans are seeking natural looking results with minimal downtime.”



Gerhard Sattler, M.D.
Founder and Medical Director
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In Dr. Sattler’s practice, candidates for Thermage and the non-ablative Fraxel laser tend to be younger patients with moderate elastosis and a heightened awareness of their appearance. “I also offer the Fraxel re:pair, a revolutionary fractional CO₂ laser, for patients who want significant skin resurfacing without the level of risks and potential side effects associated with conventional ablative laser resurfacing,” Dr. Sattler advised. “I regularly combine Fraxel re:pair treatment with surgery – thereby lifting the skin and smoothing its texture at the same time.”

Non-invasive skin tightening is the top benefit of Thermage treatment, according to Dr. Sattler. “European patients appreciate the confidence associated with subtle and natural looking improvements rather than dramatic change,” he noted. “We call it

the Hollywood Lift – one Thermage treatment per year for five consecutive years. This will maintain the outer appearance without surgery and you won’t age.”

Conversely, Fraxel laser treatment results are more noticeable on the skin’s surface, while offering “an elegant appearance to aged skin,” Dr. Sattler said. “You also have the benefit of predictable response and recovery.”

Dr. Sattler has had success treating the forehead, marionette lines, chin and neck with Thermage, as well as moderate brow lifting. With the non-ablative Fraxel laser, “I envision the whole body as a target, but mainly the face, neck and décolleté. Wrinkles and brown spots can be improved quite dramatically.”

Dr. Sattler favors the synergistic effects of Thermage and Fraxel for many patients. “It’s great to combine these two therapies within the same session,” he shared. “Treatments complement each other.” Thermage is applied first for deep skin tightening and collagen building, followed by the Fraxel laser for treating superficial irregularities.

By using this combined protocol, patients can expect long-term results “with a pretty obvious improvement,” Dr. Sattler stated. “Thermage and Fraxel represent the future of aesthetic medicine. They are essential therapies in my practice. These two technologies are also highly versatile. By using the best tools, we are able to build patient trust and confidence. In fact, most of my business is referred from satisfied patients.”