

# Combination Tx Featuring Accent<sup>XL</sup> Achieves Health, Wellness and Longevity



Stuart Melnick, M.D.  
Medical Director  
Laser and Cosmetic Center  
Los Gatos, CA

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Before Tx



After Tx

Photos courtesy of Stuart Melnick, M.D.

By Bob Kronemyer, Associate Editor

To improve the way one looks and feels, today's consumers are seeking newer non-invasive treatments over more traditional surgical methods. As a result, physicians are developing innovative approaches to aesthetic techniques in order to meet the patient demand for effective procedures with minimal pain and shorter downtime.

A new approach, being offered at the Laser and Cosmetic Center in Los Gatos, Calif., has revealed dramatic results for body contouring. Combining a customized diet and personalized exercise regimen with a series of treatments using the Accent<sup>XL</sup> radiofrequency (RF) system, from Alma Lasers, Inc. (Buffalo Grove, Ill.), this program enhances treatment outcomes, improves patient satisfaction and ensures long lasting results.

“As a stand-alone treatment, the Accent<sup>XL</sup> provides our patients with an alternative to surgical procedures such as liposuction or a face-lift,” said Stuart Melnick, M.D., a board certified anesthesiologist and medical director at the Laser and Cosmetic Center. “The Accent<sup>XL</sup> has proven to be an excellent device for reducing cellulite, loss of inches and for restoring and reshaping the hips and buttocks. We have also seen successful tightening of the abdomen, face and neck.”

The unique advantage of the Accent<sup>XL</sup> is its two separate radiofrequency technologies: unipolar and bi-polar. “We can treat deep and superficial tissue to achieve improvement in cellulite, body contouring and skin laxity, while maintaining patient comfort without anesthesia,” Dr. Melnick explained. The

Accent<sup>XL</sup> has four distinct handpieces available to individually customize a patient's treatment plan, from treating cellulite with the Uniform handpiece to crow's feet with the Periorbital handpiece.

Though the center is achieving quality results using RF alone, by combining the Accent<sup>XL</sup> treatment with proper diet and exercise, Dr. Melnick has found a way to increase patient success. In a word-of-mouth advertising based business, this new approach may prove key to the center's success since greater outcomes will produce a higher number of patient referrals.

“I am inspired to make people aware of the importance of exercising and maintaining a healthy diet after body contouring procedures and excited to offer a full package that allows patients to maintain their results,” Dr. Melnick shared. “By using the Accent<sup>XL</sup> system and providing my patients with the option of a fitness program involving a personal trainer and customized meal delivery, my approach is designed to maximize results by combining a healthy lifestyle with a highly advanced, minimally invasive laser treatment. Not only do we tighten the thighs, buttocks and tummy, we are providing our patients with the tools to improve their quality of life.”

Dr. Melnick's goal is to help his patients “realize that their body shape and contour is totally under their control. The combined regimen allows patients to take ownership of their health, wellness and longevity. This is the best of all worlds and a safe way to guarantee success.”