

RetiSeS Skincare Line Combines Retinol and Vitamin C

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RetiSeS Skincare by SeSDERMA

SeSDERMA USA, Inc.'s (Atlanta, Ga.) RetiSeS skincare line is a regenerative complex of biopeptides that combines a high concentration of retinol (vitamin A original) with vitamin C in its most stable form (ascorbyl gluco-side). Physicians can choose either a 0.25 or 0.5 concentration of retinol, or an eye contour cream containing 0.05 retinol and 0.22 retinyl propionic.

“I’m really happy that there are now different strengths of RetiSeS and a specific eye cream,” said Gillian Adams, M.D., a family practitioner from Bel-Air, Md., who also performs cosmetic dermatology. “It is also nice to have an eye cream that is actually pH-balanced for around the eyes. I prescribe a lot of prescription strength Retin-A, but many patients cannot tolerate it, and over time it can cause problems like thinning of the skin.”

Dr. Adams recommends that the eye cream and then the overall cream be applied twice a day. “People usually like the way their skin feels, and start to notice slight changes within about two weeks,” she said. “At three months there is a definite difference, followed by a major transformation at six to nine months. I’ve had really good patient feedback.”

Through before and after photos, Dr. Adams has observed remarkable results in two areas: wrinkles and melasma. “The reason RetiSeS products are superior is because they contain both retinol and vitamin C,” she conveyed. “You are stimulating the skin to make healthier skin.”

Previously, Dr. Adams would dispense retinol and vitamin C separately. “Now I try to get it down to a cleanser (scrub every other night), a toner, an eye cream and an all over cream,” she said. By consistently limiting the regimen to four steps, “I find there is great patient compliance.”

RetiSeS products are used sparingly, “because a little goes a long way,” Dr. Adams stated. A tube lasts three to four months. “All the ingredients and the pH are on every container,” she said. “I think that is essential because it shows that everything has been quantitated. Most competing products don’t have that.”

“RetiSeS is a kinder, gentler treatment than the previous retinoid acid products, but with essentially the same effect,” added Harry Camper, M.D., medical director at L’Idée Medical Spa in Harrisonburg, Va. “I start patients at the 0.25 concentration, every night or every other night, depending on skin sensitivity. Patients then move up to the 0.5 concentration, which most people can use every night, while others use it on alternative nights, depending on the reaction of the skin. An even higher strength of RetiSeS is available with a CT peel.”

The ingredients found in RetiSeS promote fibroblast production and increase the natural production of collagen within the skin, “so over a period of time, there is a filling of the wrinkles from the inside out, without the Retin-A affects you experience with many pharmaceutical products, such as thinning of the skin and redness,” Dr. Camper said.

Dr. Camper tells his patients to expect some improvement within three to four weeks with RetiSeS. “So far, there have been no complaints,” he said. “These products are neither abrasive to the skin nor redden the skin. And over time, they will affect hyperpigmentation and even stretch marks on occasion.”